



THE BIBLE:

God takes care of Daniel & his friends, Daniel 1

BIG IDEA:

God shows His power by taking care of us

Verse of the Series

He delivers and rescues; he works signs and wonder in heaven and on earth, he who has saved Daniel from the power of the lions. Daniel 6:27

AT HOME GUIDE

BEFORE YOU START

1. Visit www.ResonateMovement.org/RESkidsonline
2. Download the [RESKids Bible Story](#) and [RESkids Coloring Page](#)
3. Set aside a time and place to go through this guide with your child(ren) and let your child(ren) know when and where that is so that you can all make it an important part of your day.
4. Watch together or have your child(ren) watch the teaching video on the [website](#).

HOW TO USE THIS GUIDE

1. Use the prompts to guide you: **PRAY** together, **READ** together, **SAY** to your child(ren) and **ASK** your child(ren).
2. When asking questions, allow time for them to think about their answers before explaining the answers to them.
3. This is only a guide. Parents, because you know your child best, feel free to use it in a way that works for you and your child(ren).

DO TOGETHER

PRAY: God, we praise You because You are good. We know that You love us and care for us. Thank You for never leaving us in hard or scary times. We are thankful that You have sent Jesus to save us from our sin and give us hope for an eternity spent with You.

SAY: Daniel and his friends would not eat the king's food to show that they belonged to Israel's God. And even though they only eat veggies and drink water, God takes care of Daniel and his friends so that they looked better than others who were eating the king's delicious food.

Bible Story (5 minutes)

NOTE TO PARENTS:

This week, the bible story is from Daniel 1- we use the ESV version at Resonate. You can read the story straight from the bible and/or download a children's version on our website. Use this guide to review the lesson from the teaching video.

We cherish and honor God's word and believe that He speaks to us through His word. We encourage you to open the bible and read the passage together.

Discussion (5 minutes)

Use the following questions to help prompt your child in their thinking and answers:

ASK: What city is Daniel living in?

ANSWER: Babylon

ASK: The King of Babylon wanted Daniel and his friends to be Babylonians. Why didn't Daniel want to be a Babylonian?

ANSWER: It was because he belonged to Israel's God.

ASK: When Daniel refused to eat the king's food, what did he ask to eat?

ANSWER: Daniel asked to eat only vegetables and water.

ASK: How does God show His power by taking care of Daniel and his friends.

ANSWER: *Parents guide kids to see how Daniel and his friends only ate vegetables and water for 10 days but God made Daniel and his friend's bodies the strongest and best looking!*

He also made them smarter and able to understand things that the Babylonians could not understand.

ASK: How does Jesus show us what God is like?

ANSWER: *Parents guide kids to see that Jesus always obeys God so His goodness is given to us. God looks at us and smiles because of Jesus' goodness in us.*

Key Passage (5 minutes)

SAY: Knowing God's word and learning it helps us to know what God wants to tell us. Let's find this week's verse in the Bible together.

READ: He delivers and rescues; he works signs and wonder in heaven and on earth, he who has saved Daniel from the power of the lions. Daniel 6:27

PARENT EXPLAIN: *God has the power to rescue! He proved it by keeping Daniel safe from the lions. He shows us his great power with supernatural signs in the sky and by moving people here on Earth. This is the same God who saved Daniel by shutting the mouths of the lions!*

GOING DEEPER WITH YOUR 3RD - 5TH GRADER (10 minutes)

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Here are some verses and a few questions that you can go through with your 3rd-5th grader to help them find a personal application of this week's lesson.

ASK: God shows His power by taking care of us because we belong to Him. How can we trust that God will take care of us?

ANSWER: *Parents lead kids to see that when we are obedient to God just like Daniel was obedient to God by refusing to eat the king's food, we can trust that God will be there and He will care for us.*

ASK: God knows that we won't always obey Him and trust Him. How can we be sure that we belong to him?

ANSWER: *Parents guide kids to discuss how by giving us Jesus who is always obedient for us. Through Jesus' obedience, God sees all the goodness in Him when He looks at all of us.*

ASK: How can your obedience to God point others to His goodness?

ANSWER: *Parents explain that our obedience shows others that we really do trust God and believe the Bible. When we choose to follow God, especially when disobedience might seem easier, we demonstrate to the world that God is worthy of our obedience.*

PARENTS SHARE THE GOOD NEWS!:
Since we belong to God, we can joyfully obey God, knowing that we are His. When we are challenged by what the world wants us to do vs what God wants us to do, we know that by obeying God, it will actually be better for us because we belong to God. We can't help but want to make Him smile.

CLOSE

Pray together

Thank You God for reminding us that we belong to You because of the goodness of your son Jesus. Help us to trust You even when we face hard times. Thank You for

Your Word, which reminds us of who You are. You alone deserve all glory, honor, and praise. Amen.

OPTIONAL JOURNAL ACTIVITY (10-30 MINUTES)

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Journaling is one way to take something newly learned, reinforce it and make it your own. This can be something that you have your child(ren) do on another day as a reflection activity or something to do by themselves so they can process their ideas and thoughts more. Some questions to think about when journaling:

- *What does this story teach me about God or the gospel*
- *What does the story teach me about myself?*
- *Are there any commands in this story to obey? How are they for God's glory and my good?*
- *Are there any promises in this story to remember? How do they help me trust and love God?*
- *How does this story help me to live on mission better?*

Have them write out the verse of the week or draw pictures that the words in the verse bring to their mind. Allow the Holy Spirit to work in this space.

For younger kids, you can give them some guidance and tell them to draw or write down ideas about how they can put God first in their life.